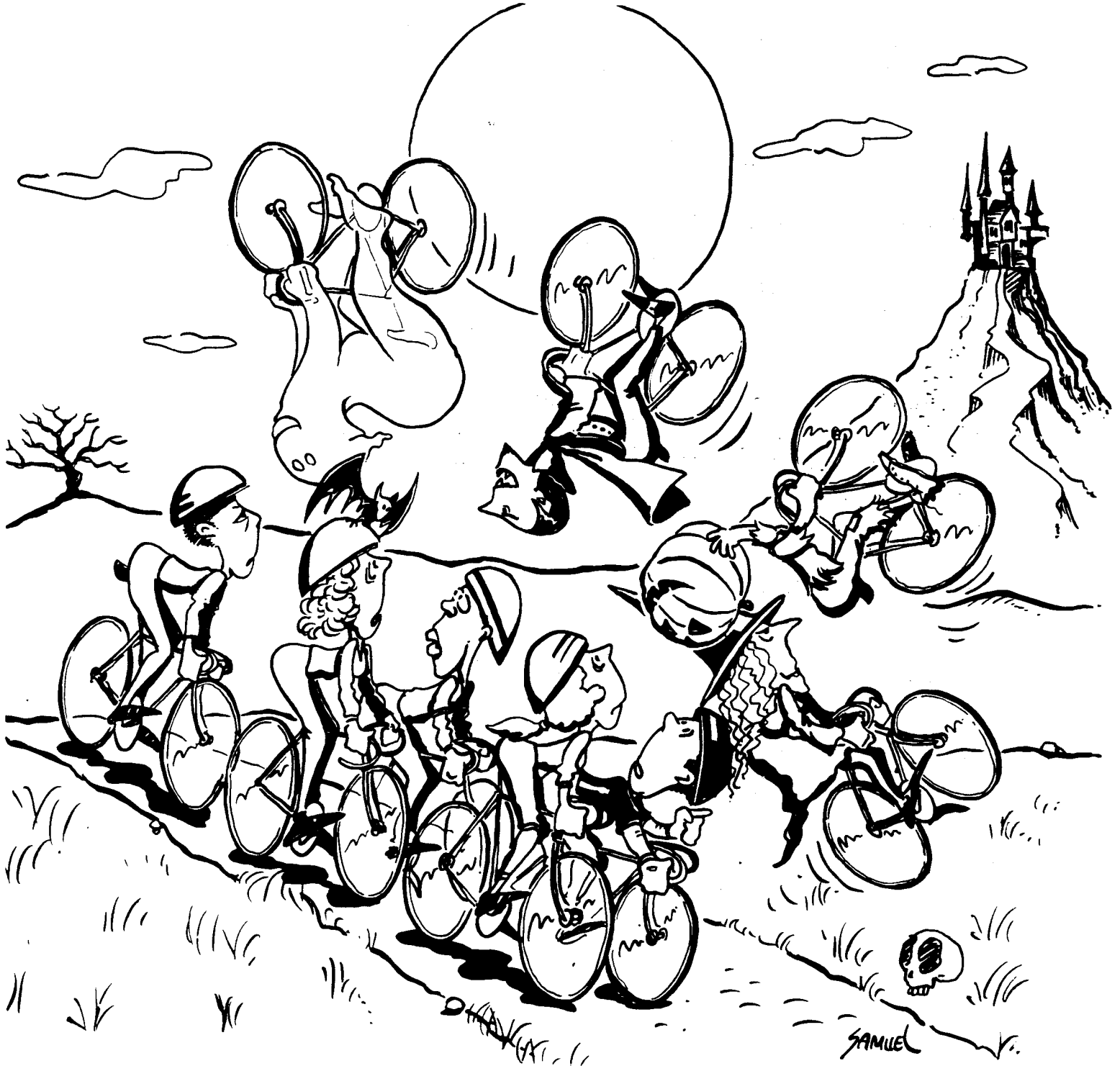


October
1994

NYCC Bulletin



*“Just a quick tip for the future...Never
call for a rotating paceline on halloween!”*

New York Cycle Club

P.O. Box 199
Cooper Station
New York, N.Y. 10276
(212)886-4545

President

Geo Carl Kaplan
(212) 989-0982

V.P. Programs

Lori Vendinello
(212) 353-9068

V.P. Rides

Lawrence Ksiez
(718) 478-0644

Secretary

C.J. Obregon
(212) 876-6614

Treasurer

Reyna Franco
(212) 529-6717

Public Relations

Karin Fantus
(212) 873-5559

Membership

Herb Dershowitz
(212) 929-0787

Special Events Coord.

Jane Kenyon
(212) 662-1935

Bulletin Editor

Caryl Baron
(212) 595-7010

A-Rides Coordinator

Steven Britt
(718) 204-4970

B-Rides Coordinator

Mitch Yarvin
(212) 769-2637

C-Rides Coordinator

Barbara Julich
(212)982-8936

NYCC Ride Guidelines

Ride Style	Description
A	Vigorous riding with advanced bike handling ability including cooperative paceline skills. Stops every 2 hours or so.
B	Moderate to brisk riding with more attention to scenery. Stops every hour or so.
C	Leisurely to moderate riding, sightseeing and destination oriented. Stops every half hour or so.
ATB 1	Hilly to mountainous and single-track riding. Mountain bikes only.
ATB 2	Rolling to hilly with some single track and trail riding. Mountain and hybrid bikes.
ATB 3	Flat to rolling, trails and road riding. Mountain and hybrid bikes.

Ride Cruising Speed	Central Park Self-test 4 - Lap Time
22 + mph	1:10 or less
21	1:10 - 1:13
20	1:13 - 1:16
19	1:16 - 1:20
18	1:20 - 1:25
17	1:25 - 1:30
16	1:30 - 1:38
15	1:38 - 1:48
14	1:48 - 2:00
13	2:00 - 2:14
12	2:14 - 2:30
11	2:30 - 2:50

NYCC rides are friendly group rides by people of similar riding abilities. A volunteer leader plans the route and maintains the listed pace (e.g. B15 - see charts).

RIIDE STYLE indicates the type of riding. See chart left.

CRUISING SPEED indicates the ride's speed on flat terrain.

Over rolling terrain, **AVERAGE RIDING SPEED** is 3 mph less than cruising speed; **OVERALL SPEED**, including stops, is about 6 mph less than cruising speed. These speeds will vary plus or minus 1 mph according to terrain.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (24.08 miles) around Central Park at a comfortable pace and matching your time with the chart at left. **NOTE:** Riding one loop will give you a false assessment. *(The northern end of the park can be dangerous; ride with other cyclists.)*

YOUR FIRST NYCC RIDE: For your own enjoyment, be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won't enjoy struggling to keep up, nor make new friends by causing them to wait for you. It's a good idea to call the leader a day or so before the ride, and to introduce yourself when signing up at the start.

BEFORE THE RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat breakfast.

BRING: spare tube water **SUGGESTED:** lock
patch kit snacks rail pass
tire levers medical ID map
pump emergency phone # money

Leaders may specify other items in their ride listings.

WEAR YOUR HELMET! NO HEADPHONES.

WEEKEND EVENTS: These are usually in hilly country. You should be able to cruise at 14 mph, otherwise you may not find any groups to ride with.

Bike Trains

Saturdays and Sundays from April 16 through October 30, MetroNorth has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists.

	From GCT	To GCT	To/From
Hudson Line	7:55 am	4:19 pm	Poughkeepsie
Harlem Line	8:47 am	4:08 pm	Brewster North
New Haven Line	8:07 am	3:58 pm	New Haven

Bike passes are always required. There are no Bike Trains on holiday weekends. Refer to roster for restrictions which apply at other times. If you are leading a ride and absolutely require a Bike Train at another time, you must call NYCC's MetroNorth liaison, Jeff Vogel at (718)275-6978 well in advance to try to arrange another train for your ride.

The NYCC Bulletin is published monthly by the New York Cycle Club. The opinions expressed are those of the authors and do not reflect the official position of the NYCC.

Copyright © 1994, NYCC. All rights reserved. May not be reprinted in whole or in part without written permission of the editor.

Subscriptions: Free to NYCC members. See inside back cover for information. If you don't receive your copy by the first of the month contact the President.

Change of Address: Fill out membership application, check off change of address, and mail attention Membership.

Credits: Front Cover art is by Mike Samuel. The serif type is Habitat, designed for the Mac by Joe Treacy. The sans-serif type is Gill Sans, designed in 1930 by Eric Gill and adapted to the Mac by The Monotype Corporation. Spelling compliments of Bill Gates. Printed at Dandy Printing, Brooklyn, N.Y.

Submission Guidelines: Editor is Caryl Baron, 165 West End Avenue, Apt. 29K, NY NY 10023. All articles must be submitted to the Editor on a 3.5 inch diskette plus hard copy. Advise operating system, software and phone number.

Material may be edited for length and clarity. *A full page of text is 4150 - 6000 characters (750 - 1090 words).* Publication is determined by available space, and we cannot guarantee that all submissions will be published. Submission is contributor's warranty that material is in no way an infringement on the rights of another and that material may be published without additional approval. Call the Editor for guidelines and/or advance approval.

Classifieds: Two classified ads per member per year are free (up to 6 lines). Additional ads are \$1.00 per 50 character line. Please send classified listings directly to the Editor.

Display Advertising: Only bicycle related advertising is accepted. Page size is 7.5 by 10 inches. Rates for camera-ready copy: Full page, \$250; Half-page, \$135; Quarter-page, \$75; Eighth-page, \$45. Frequency discounts available.

Deadline. All submissions and advertising are due the day of the Club meeting of the month prior to publication.

All material for the NOV Bulletin is due OCT. 11 /

Club Rides

RIDE LISTINGS: Any member can lead a NYCC ride next month and list it in the Bulletin, contact the Rides Coordinator (listed on page 2) for that ride class on or before this month's club meeting date.

**Unless otherwise stated,
precipitation at starting time
cancels the ride.**

SATURDAY, OCTOBER 1ST

A20 70mi Fall Foliage Ride 9:00 a.m.

Leader: Mary Allen (212) 666-6844. From the Boathouse. Head to the rolling hills of Westchester for Mother Nature's Fall finest. Lunch at the Thornwood Diner.

A18 75+mi Su Casa Warm-Up 8:45 a.m.

Leader: Fred Steinberg (212) 787-5204. From the Boathouse. Prepare for those Ulster hills! Little Tor, Gate Hill, Perkins & Mine Rd. Metro-North return from Garrison. Pass, helmet required. Rain, drizzle - call leader.

B17 100mi Third Annual Long Island 100 8:00 a.m.

Leader: Steven Britt (718) 204-4970. From the Boathouse. How might you ask, can one do a Century with 95% of the miles being in Queens and Nassau County without one going insane from auto traffic. Come out and see. If you missed the opportunity to "Century", here's one of your last chances this year. Picnic lunch at Bethpage Park. The north shore at its finest on the way back.

B15 60+mi Alpha and Omega Ride 9:30 a.m.

Leaders: Karen Sherman (212) 867-5145 & Cynthia Cryan (718) 875-6501. From the Statue of Civic Virtue (Union Tpke. stop on the E/F trains). Come join us for our first time as ride leaders and last time on our hybrids (hopefully). Yes, we have finally succumbed to peer pressure from you tech-heads, and are preparing to drop lots of cash on new road bikes. Our adventure takes us on a scenic, basically flat tour of the estates on Long Island's north shore. Patience and good bike tips mandatory, short tempers are not encouraged.

C14 35mi Home Early 9:30 a.m.

Leader: Gene Vezzani (212) 875-1615. From the Boathouse. Magnificent views of the Hudson are in store for you on the 2 1/2 hour ride into New Jersey along the Henry Hudson Drive. you'll be back at the Boathouse by noon.

SUNDAY, OCTOBER 2ND

A19-21 80-90mi Westport Rendezvous 8:00 a.m.

Leaders: Steven Britt (718) 204-4970 & Rich Borow (212) 866-1966. From the Boathouse. This is one we've both done and loved. Includes some real "biker-friendly" roads. Joint departure splits in the Bronx sending each group along a different route, regrouping for lunch. Possible Metro-North return for bonus Connecticut miles! Pass required.

WEDNESDAY, OCTOBER 5TH

C7 11mi Historic Architectural Bike Ride 1:00 p.m.

Leader: Paul Rubenfarb (212) 740-9123. From the east side of City Hall Park at Spruce St. Oversleepers and job-truants come see Battery Park City - parts of BPC are still undeveloped. Let's explore and visualize what handball courts (etc.) should go there. Rain or shine.

FRIDAY-MONDAY OCTOBER 7TH-10TH

All Class Columbus Day Weekend

Leaders: Christy Guzzetta (212) 595-3674 & Jeff Vogel (718) 275-6978. Party Bus leaves Friday night, returns Monday afternoon. Great riding, great fun. Cost: \$180/210 without and with transportation. Call if interested. There may be some openings (you won't know unless you call)!

FRIDAY, OCTOBER 7TH

A19-20 50-110mi Beat the Bus to Su Casa Call

Leader: Jeff Vogel (718) 275-6978. From the Boathouse. The Columbus Day weekend at Su Casa has been described as the most spectacular riding the club does all year. Why not add another glorious day of fall foliage riding and make it a four day weekend? We'll also get to Su Casa early enough to use the hot tub before Saturday's invasion by 50 sweaty cyclists. The full 110 mile route will be as flat as possible. A Metro-North option keeps the ride to 50 miles. Call leader early in the week if you're interested.

SATURDAY, OCTOBER 8TH

A20 110mi Lake Ronkonkoma 7:00 a.m.

Leader: Ray Malecki (718) 426-7383. From Queens & Yellowstone Blvds. We'll journey out to Long Island through quiet and peaceful back roads. Some new, some old. Bring LIRR pass, just in case.

A20 55mi Nyack 9:00 a.m.

Leader: Karl Dittebrandt (212) 477-1387. From the Boathouse. Out to Nyack in a no B.S. style, back the same.

B14 60mi The No-Name Ride 9:15 a.m.

Leaders: Sandy Gold (212) 222-4076 & Grace Lichtenstein (212) 580-3285. From the Boathouse. One last leisurely ride on the path to Valhalla. Perhaps we'll catch some fall foliage. Ideal for Hybrid bikes. Helmets, spare tube required.

SUNDAY, OCTOBER 9TH

A18 55mi Not Su Casa 9:00 a.m.

Leader: George Tsugranes (212) 988-0689. From the Boathouse. While others are north, surveying the Shawungunk and Catskills, we'll get our fill on Bergen and Rockland's finest. (Hills, that is!) 30% chance of rain cancels.

C14 40mi We Will Be There! 8:30 a.m.

Leaders: Carmen Perez (212) 628-8959 & Mark Masuelli (201) 860-9401. From the Boathouse. Scenic, flat jaunt to roads in Westchester that are closed to cars on Sunday.

C12 40mi Season's Progress Bike Ride 9:30 a.m.

Leaders: Irv & Hindy Schacter (212) 758-5738. From the N.W. corner of First Ave. and 63rd St. Now that we know what Piermont looks like in the summer - let's see how it changes through Autumn.

Tuesday, Oct. 11, 6:00 p.m.

**NYCC Meeting
at O'Hara's 120 Cedar St.**

**Final Board Nominations
All Rides and Bulletin material due!**

Club Rides

WEDNESDAY, OCTOBER 12TH

C7 13mi Roosevelt Island's Vistas 1:00 p.m.
Leader: Paul Rubenfarb (212) 740-9123. From the east side of City Hall Park at Spruce Street. Quit the pro circuit's 600mi jaunts for our 13mi odyssey. Everyone knows slow dances are more artistic. Our pacer's a beat poet Dachshund. Rain or Shine.

SATURDAY, OCTOBER 15TH

A 50mi Pedal and Putt 9:00 a.m.
Leaders: Cathe Neukum (212) 564-3503 & Jeff Vogel (718) 275-6978. From the Boathouse. It's time to trade in the spokes for strokes, the hubs for clubs and get a hole-in-one in the most important golf event of the year, the first NYCC Golf Classic held at the prestigious miniature golf club on Route 9W near the bottom of Stateline Hill. Before the birdies and the bogeys, we'll lunch at the Skylark. Be ready to lower your handicap at approximately 12:30. All golfers are welcome, even if you don't ride to Nyack first. Bring money for greens fee. Golf attire and putters optional. Goofy prize for lowest score. Winner of the Stateline prime gets two penalty strokes. Shark attack cancels. See you on the links.

B17 35mi Home Early II 9:30 a.m.
Leader: Gene Vezzani (212) 875-1615. From the Boathouse. A spirited 2 1/2 hour spin along the Henry Hudson Drive to Alpine, returning via 9W. You'll be back by noon.

C13 40mi Pedal & Putt 9:00 a.m.
Leader: Geo Karl Kaplan (212) 989-0883. From the Boathouse. See "A" ride Pedal & Putt above - we'll lunch in Piermont & meet the other riders at the golf course at 12:30.

SUNDAY, OCTOBER 16TH

A22/24 70+/-mi A Day at the Races 9:00/9:45 a.m.
Leader: Jeff Vogel (718) 275-6978. From the Boathouse & Queens & Yellowstone Blvds. After warming up through Queens, we'll do a cooperative, fast-paced ride to the Oyster Bay Festival and Criterium in Oyster Bay. Diner stop for breakfast at 35 miles. Lots of fried food available at the Crit. Dress warmly for race watching. Bring your LIRR pass for emergencies.

A19 67mi A Day at the Races 9:45 a.m.
Leader: Richard Rosenthal (212) 371-4700. From the Boathouse. Arrive in time for the Women's Crit. We'll stay as long as the weather permits or a mutiny amongst the riders. Bring LIRR pass if you want to be sure to get home for "60 Minutes" (Reminder; no more football bonus minutes).

WEDNESDAY, OCTOBER 19TH

C7 14mi Bklyn's State St. Townhouses 1:00 p.m.
Leader: Paul Rubenfarb (212) 740-9123. From the east side of City Hall Park at Spruce St. The love-sick deserve a national holiday as well as any president. The brownstone age began on State Street. Rain or Shine.

THURSDAY, OCTOBER 20TH

A19-22 65mi Thursday Morning Spin 8:00 a.m.
Leader: Jeff Vogel (718) 275-6978. From the Boathouse. Let's take a quick spin, using a roundabout, backroads route to Nyack. We'll do about 40 miles before lunch so be prepared with two water bottles and pocket food. If we can keep this ride to just one stop, we'll be home by 1:15. Work cancels, please call Wednesday night to confirm.

SATURDAY, OCTOBER 22ND

A21-23 78mi Croton Reservoir 9:00 a.m.
Leader: Christy Guzzetta (212) 595-3674. From the Boathouse. Route 9 to Ossining. Fast around the reservoir, back on "fast" Grassy Sprain. Stop at Highland Diner for breakfast. Deli stop on the way home.

A18 70mi Armonk 9:00 a.m.
Leader: C.J. Obregon (212) 876-6614. From the Boathouse. Armonk with trips to Whippoorwill and Nannyhagen. Helmets required. Oxygen tanks optional.

C14 50mi Last Chance Jamaica Bay 8:30 a.m.
Leaders: Carmen Perez (212) 628-8959 & Mark Masuelli (201) 860-9401. From the Boathouse. Last chance to get it right. The whole thing - no turning back at Coney Island.

C14 45mi Fall Colors 9:30 a.m.
Leader: Gene Vezzani (212) 875-1615. From the Boathouse. What better way to enjoy the foliage than an invigorating 9W/501 ride to Piermont amid the pumpkins and the fall colors. Take in the beautiful colors at a pappy pace.

SUNDAY, OCTOBER 23RD

A19-22 65+/-mi Not Greenwood Lake 9:00 a.m.
Leaders: Rikki Furman (212) 734-2887 & Jeff Vogel (718) 275-6978. From the Boathouse. Last month was the classic Greenwood Lake ride. This ride will avoid Gate Hill Rd., Tuxedo Mountain, and Skyline Drive. Of course, without those climbs we won't go anywhere near Greenwood Lake, but we will go past Lake Tappan, Lake DeForest, Congers Lake and Swartout Lake. Be prepared with two water bottles and pocket food as it's 40 miles to lunch.

A19 60mi Rockland Hills 9:00 a.m.
Leader: Irv Schacter (212) 758-5738. From the Boathouse. We'll head up to Nyack via Ash and Tweed with some additional punishment possible on the way home.

B17+ 65mi Fall Foliage in Rockland Co. 9:00 a.m.
Leaders: Conrad and Judy Meyer (212) 535-2444. A great loop in Rockland County (not via 9W), hopefully to see the trees in their prime. We hope to maintain a brisk pace, but take in all the colors Autumn has to offer. Starting temp below 50° cancels.

C14 45mi Fall Foliage and Water Falls 8:40 a.m.
Leaders: Irv Weisman (212) 567-9672 & Maggie Clarke (212) 567-8272. From the top of the escalators of PATH. \$1.00 fare for the 8:58 a.m. train. Ride through Branch Brook Park and Montclair estates. After an indoor lunch in Little Falls, we'll visit the local falls and go on to the Paterson Falls. Return to G.W. Bridge via several hill climbs, or to Newark PATH for an easier return. 60% chance of rain cancels.

C13 60mi An Infinite Amount of Cider 9:30 a.m.
Leader: Jim Lane (212) 697-8942. From the Boathouse at 9:30 and 10:15 from the GWB bus terminal, Ft. Washington Ave. side. Hilly trip through the Bergen County suburbs to Tice's Farm where we'll sample their homemade cider (.25 for all you can drink) They sell other good stuff too - Bring water, bring or buy lunch. Helmets required. Joint with Sierra Club.

WEDNESDAY, OCTOBER 26TH

A19-22 65mi Wednesday Morning Spin 8:00 a.m.
Leader: Jeff Vogel (718) 275-6978. From the Boathouse. Call in sick.

Club Rides

take the day off. Today it's the famous Pearl River Ride. (not to be confused with the infamous HoHoKus Ride). We'll do about 40 miles before lunch so be prepared with two water bottles and pocket food. Work cancels, please call to confirm.

C7 12mi Brooklyn's Elusive Waterfront 1:00 p.m.

Leader: Paul Rubenfarb (212) 740-9123. From the east side of City Hall Park at Spruce St. Hidden paths and byways lead us to little-trodden coves and jetties on Brooklyn's vista-ed strand. Rain or Shine.

SATURDAY, OCTOBER 29TH

A20 55mi The Nth Annual Staten Island Ride 9:15 a.m.

Leader: Jody Saylor (212) 228-0440. From the South Ferry Terminal (Manhattan). Don't miss the ferry (9:30 a.m.) Hills in the morning; great views. Morning culminates with a trip to the Frank Lloyd Wright House. We're invited inside for Greek pastry (YUM!) and a tour. Then, it's off for a picnic lunch at the Conference House Park. Fast and flat back to the ferry. Bring \$3.00 extra. If rain or bad weather, call for rescheduling.

B17 45mi Fall Colors Spectacular 9:30 a.m.

Leader: Gene Vezzani (212) 875-1615. From the Boathouse. We'll celebrate Halloween on the Hudson. Fill your water bottles with apple cider for this 9W/501 ride to Piermont. Nippy weather only makes the ride better.

C14 45mi Apples and Pumpkins 8:30 a.m.

Leaders: Carmen Perez (212) 628-8959 & Mark Masuelli (212) 860-9401. From the Boathouse. Bring some empty panniers to carry back farm produce goodies!

SUNDAY, OCTOBER 30TH

A21-23 72mi (Maybe) A Halloween Ride 9:00 a.m.

Leader: Christy Guzzetta (212) 595-3674. From the Boathouse. Shore Road, West through White Plains to the Thornwood diner for breakfast. Up over 448 to Route 9 and home. Bring pocket food.

A18 60mi Ghouls and Goblins 9:00 a.m.

Leaders: Reyna Frankenstein (212) 529-6717 & Amy Hangmansmitts (212) 288-6324. From the Boathouse. Help us find the spirits that are readying themselves for tomorrow's "trick". The "treat" will be yours on this "Pre-" Halloween ride. Costumes optional.

B15 40mi + 5 Baron's Halloween Biathlon 8:00 a.m.

Leaders: Steve and Caryl Baron (212) 595-7010 eves. From the Boathouse. Ride to New Jersey for the 10:00 a.m. Rutherford Halloween Run on a 5 mile TAC certified course. Excellent pre-marathon workout! (NO! Not us.) Entries from Rutherford Rec. Dept., 176 Park Ave., Rutherford, NJ 07070 (201) 438-2236. \$8.00 thru Oct. 21, \$10 after. May search out reputed great bakery in area to carbo-replace after the run.

C14 45mi Kensico --- Dam!!! 9:30 a.m.

Leader: Dick Goldberg (212) 874-2008. From the Boathouse. The quintessential "C" ride. A pretty, almost flat, always gentle spin through the Bronx and along the Bronx River Parkway bike path to the Atlantis of Westchester County. Lunchtime discussion of just what it takes to lead such a ride.

SUNDAY, NOVEMBER 6TH

A17 50mi Not the NYC Marathon! 7:50 a.m.

Leaders: Steve and Caryl Baron (212) 595-7010 eves. From the

Boathouse. As 25,000 runners, including some NYCC members, prepare to run the 25th NYC Marathon from the Verrazzano, head with us to Scarsdale for breakfast, down the Concourse to occupy our traditional spot on the Madison Avenue bridge in time to see the leaders. Walkmen welcome - for catching race commentary while we watch! Bring warm clothes for spectating. NYCC runners: call us with your running number and ETA at the 20.5 mile point (or expected pace - we'll do the math).

SATURDAY, NOVEMBER 12TH

A17 66mi New City Christmas Bazaar 8:30 a.m.

Leaders: Steve and Caryl Baron (212) 595-7010 eves. From the Boathouse. Once we get to St. Paul's Lutheran Church in New City, the question is whether to load up on handcrafts first, or homemade lunch and desserts. This ride has been a tradition for several years, and the best stuff goes fast.

Out-of-Bounds

SATURDAY-SUNDAY, OCTOBER 1ST-9TH

BIKE ITALY!

A/B+ 55 to 85mi daily

La Corsa Tours in conjunction with the League of American Bicyclists are sponsoring a 9 day, van supported point to point tour in the Marche and Umbria regions of Italy. Nice hotels, lots of delicious food, incredible & challenging cycling. \$1699 plus airfare. Call Lori Vendinello or Howie Turoff at (212) 353-9068.

NEW YORK'S OLDEST AND LARGEST BIKE SHOP FALL SALE BONANZA



**Sale
starts**

**Sept.
27th.**

**1993 & 1994 BIKES on sale,
up to 30% off.**

**20% - 60% off clothing/shoes by
NIKE, PEARL IZUMI, SHIMANO.**

**High tech parts below catalog prices
(titanium skewers were \$79.95, now \$39.95)**

Check New York Magazine's Sales & Bargains column.

**RIDE FOR CHARITY: Advil Bike Tour for Multiple Sclerosis-Oct. 2
American Lung Association-October 9/10
Cysite Fibrosis-Oct. 16**

TOGA 110 West End Ave. at 64th St. (212)799-9625

Club Rides

SUNDAY, OCTOBER 2ND

Shawangunk Tour

Starting at 9:00 a.m. a multiple "Thon", sponsored by the Wallkill Volunteer Ambulance Corps. Includes a 35 and 50 mile Bike-A-Thon as well as a 5M and a 12k run through southern Ulster County. All donations go to the Volunteer Ambulance Corps. For info., contact Wallkill Volunteer Ambulance Corp., Inc. P.O. Box 221 Wallkill, N.Y. 12589. Phone (914) 895-2028, Fax (914) 895-3954.

SATURDAY OCTOBER 8TH

6th Annual Sea Gull Century

A 100 mile (or 63 mile) bicycle tour of Maryland's eastern shore. One of Bicycling Magazine's Top Ten Century Rides in 1993. The 1994 Sea Gull Century promises yet again to be one of the premier bicycling events of the year. SASE to Salisbury State University, SSU Campus Box 3046, 1101 Camden Ave., Salisbury Maryland 21801-6860

SATURDAY, OCTOBER 15TH

Ancient Mariner Century

Massapequa Park to Montauk Point, return by train. Pre-registration required; SASE to Massapequa Park Bicycle Club P.O. Box 231 Massapequa N.Y. 11758 Attn: Ed Zeiser.

Women Points Race

Citizens invited

CRCA has scheduled a women's points race Oct. 29 open to citizens and to CRCA members. (A citizen is a non-US Cycling Federation member.)

A similar race was held in July and the ladies said "a success", "we learned a lot", and "let's do it again." In a points format, riders usually take it easy around most of the course and then let it out at the finish line. Slower riders were brought back to the main pack by the Zonkers' riders. By all accounts, it was a fun race.

The Screaming Yellow Zonkers, CRCA's dynamite female team who learned how to ride with NYCC, will give instructions before, during and after the race.

Registration is \$5 and begins at 6:00 A.M. in the usual place in Central Park (in the Rambles Parking Lot hard by the start-finish line, at the top of Cat's Paw Hill).

A meeting on tactics and strategy starts at 6:30; the race starts at 7:00 with a controlled first lap. The first five finishers of succeeding laps are awarded points: 5, 4, 3, 2 and 1. Points are doubled on the last lap. The woman with the highest total points is the winner. A critique will be held after the race.

For more information contact Jim Boyd (212) 865-5488.

NYCC Merchandise

The 1995 purple edition of the NYCC Jerseys and shorts have been shipped. They look great on the road! Some of the shorts are cut large - call Geo if you have a problem and we will return them to the maker for alterations. We still have a few Jerseys at \$50.00. Call Michael Toomey at his studio (212) 727 3700 to check on sizes available.





We still have a few NYCC Musette Bags at \$8.00. Send Geo a check or pick one up at the November meeting.

Wouldn't you love a NYCC Jacket? - Same purple and white design as the jersey - long sleeve - no pockets - side mesh panel for breathability and expansion - \$60. If we get checks for 25 orders by October 15 we will order them. Send your orders to NYCC c/o Geo Kaplan 18 W 16th St, NY 10011.

SPORTS CHIROPRACTIC

Dr. Russell B. Cohen, DC, CCSP

Certified Chiropractic Sports Practitioner

-  Prevention, treatment & rehabilitation of sport & dance related injuries
-  Specializing in extremity conditions
-  Deep tissue chiropractic sports massage
-  Most insurance plans accepted

Member of the American College of Sports Medicine

317 West 54th St., NYC 212/713-0180

Mountaineering for Cyclists

by John G. Waffenschmidt

For a number of years now I have been offering this program as a supplemental off-season training tool and fun/challenge opportunity. This year, in addition to the NYCC, I am inviting members of the Adirondack Mountain Club to participate. Moving up mountains uses a lot of the same muscles as cycling does, hence its value as a training diversion.

In November and December, we'll do a one day trip each month; anyone who has never been with me before would have to go on one of these trips in order to be eligible for the January through March trips. During those three months, we'll do three or four multi-day trips to the Adirondacks and White Mountains. While the approach is non-technical (no ropes), we will use ice axe, crampons, and snowshoes.

If you're interested in some fun and adventure in the white world, give me a call at (W)516-683-5411 or (H)718-321-7012 for more information.

Attention ride leaders and ride coordinators:

In planning your ride listing for the coming month, please also include the first weekend of the month after. This will insure that those of you leading rides that weekend will actually have riders, and allow a cushion if the postal service fails us.

From the Boathouse

October 1, 1994

Kudos and great rounds of applause to Paul Janus, Karl Ditebrandt, Jim Babbitt, and Bill Strachan for completing the arduous Boston-Montreal-Boston Ride this past August. Karl and Bill are, respectively, the first and second men to have completed this ride four times.

What made this year's ride more difficult was the driving rain they rode in for the first twenty-four hours. To the uninitiated, these four men rode 750 very hilly miles in less than 90 hours. Assistant Director of BMB, Jeff Vogel did a remarkable job of seeing that the event ran smoothly. Steve Britt, Mike DeLillo and this writer manned the Ludlow check-in station, and had a great time doing it.

And congratulations to the twenty NYCC riders from the New York Cycle Club who completed the Twin Centuries ride in conjunction with the last two days of BMB.

On Labor Day Dick Goldberg and I spent the day riding around the city, stopping along the way for whatever caught our interest. We took our time riding down the new bike path along the Hudson from West 12th Street to Stuyvesant High School, into Hudson Park, past the Marina at Battery Park City, the Gazebo, and lo! we were at Battery Park.

Next we headed to South Street Seaport for a Blue Grass Concert on the pier where we ran into Dave Lutz, and enjoyed. We locked our bikes to the fence without any fears. If anyone wants to steal my Klunker or Dick's onetime 10 speed now 1 speed mountain bike, blessings on them. After South Street Seaport we rode uptown via East River Park, picked up some

by Geo Carl Kaplan

dinner, and rode off to a friends' to dine. What's the point of all this? Simple, you can have a great time cycling right here in Manhattan on a Sunday or Holiday when traffic is at a minimum, and the city is yours. Get a klunker, or whatever and take advantage of riding in the City. Don't fear it! Enjoy it! On the subject of Klunkers - there is a new source - A Bike Shop, yes! its called A Bike Shop, on the site of the old Stuyvesant Bike Shop - West 14th Street and 9th Avenue. See Donny - in addition to a full stock of new bikes and accessories and clothing - he is dealing in used bikes - everything from Klunkers to road bikes. End of plug!

Over eighty members of the NYCC made it to Bethpage for the All Class Ride on September 10. Great to see founder Sid Lang, and almost founder Herb Schaefer. Thank you Irv Weisman for inviting them.

The first set of nominations for the 1995 NYCC Board were placed at the September Club Meeting. Remember, nominations are open until the October Meeting, and elections are held at the November Meeting. If you would like to serve on the Board for next year, or know of someone who would make a good board member, call me, please.

Last but not least - we need volunteers for the 1995 NYCC Century to be held Sunday, September 17, 1995. Contact Jane Kenyon or me - we need people for a myriad of jobs connected with running this event - we want it to be the best Century in the USA.

See you on the road!

A Call to All C Riders

The success of the C rides program depends on one thing: rides! Our rides, however, require leaders -and co-leaders whenever possible - who enjoy the relaxed pedaling and scenic exploration which characterize C rides, and are willing to accept the remarkably few responsibilities of leadership.

So . . . to answer questions and, yes, to encourage more riders to take the plunge into leadership, C Rides Co-Ordinator Barbara Julich and Dick Goldberg will present, on October 30, a ride to Kensico Dam and lunchtime discussion of what it takes to lead a group of secure, semi-secure and utterly insecure adults with bicycles for the New York Cycle Club.

Topics will include:

- 🚲 Planning: Write-ups, routes, restaurants and rest rooms.
- 🚲 Whats not your job: Repairs, first aid, total knowledge.
- 🚲 What makes it better: Co-leaders, cue sheets, attitude.

What's in it for you? As a leader, you get to pick the ride you want to do at the pace you like. Not bad! Please come and enjoy the day.

Dick Goldberg and Barbara Julich 🚲

**CYCLISTS UNDER 14 ARE NOW REQUIRED
BY LAW TO WEAR A HELMET**

**CYCLISTS OVER 14 SHOULD BE ABLE TO
FIGURE IT OUT FOR THEMSELVES!**

Just The Facts

If it seems like all the new bikes are mountain bikes, it might be because mountain biking is a fast-growing sport. In 1993 there was a 26% increase, bringing the total number of US mountain bikers up to 7.4 million. But don't think you can relax. In-line skating increased by 34%, with a total number of 12.5 million participants. Haven't you noticed people skating up 9W and 501? Mercifully, snowboarding, with a 35% increase and 2.2 million participants, requires snow and slopes, not roads. And thank heaven for Step Aerobics: those 10.6 million stay indoors! (Excerpted from a report by American Sports Data in Hartsdale, NY (914) 328-8877, \$315.)

The Central Park Conservancy ranks off-trail use of mountain bikes as the number one destructive force on the natural areas of Central Park. Are you one of the guilty ones?

Brooks Country Cycling

Cycle France - Barge and Bike Holland.

One Day Trips.

Weekend & Mid Week "Getaways"

Martha's Vineyard, Montauk, Block Island.

Outer Banks of NC & historic Louisiana.

Central Florida Winter Cycling Vacations

Brooks Country Cycling

140 West 83rd St, NY, NY 10024

(212) 874-5151 Free Brochure.

Blowouts

by Lou S. Pokes

Congratulations to **Ellen Richard** and **Bill Voegeli** (yes) who are getting married this coming Sunday, October 2nd at St. George's Church. Also to **Sherri Gorelick** and **Don Mikkelsen** (yes) who are also getting married in October but refused to give me an exact date or place. Wow! Timely news in Blowouts.

Special thanks go to **George Kaplan** and his co-Beach Bum Leaders **Don Passantino** and **Mark Masuelli** (no). Their Beach Bum rides regularly attracted 40 to 50 riders. Plans are already underway for a repeat of last year's Frostbite Series for this winter.

Once again **Bill Schwarz'** annual ride to the Peekskill Pool and Water Slide was a splashing success. Don Passantino claims the toughest part of the ride was the 10 climbs up the ladder of the water slide!

An enigmatic postcard arrived from Richard Rosenthal in Italy. "(NO.)" You know there must be some good gossip behind this one word card.

Congratulations to the NYCC's Boston-Montreal-Boston finishers - Killer Bee **Jim Babbitt**, SIG graduate **Paul Janus**, **Drew Olewnick**, who would like to have his name and **Marion Crowley's** name included in the same sentence followed by a "(yes)", **Karl Dittebrandt** and **Bill Strachan**. Bill was beaming at the September meeting. He was most

appreciative of the support provided by NYCC members during the event. "The general support provided by BMB was good, but it really meant a lot to have people from my own club out there pulling for me. It's what really pulled me through."

As if riding 750 miles in 90 hours over a very hilly route through Massachusetts, New Hampshire and Vermont wasn't difficult enough, this year's edition presented several new obstacles. First there was the stationary weather system at the start. No matter how fast or how slow one rode, the first 175 miles were done in a constant downpour! Then there was the tree that fell on Middlebury Gap, taking down power lines and forcing half the field, including **Jim** and **Bill** (no) to take a three mile detour. To make matters worse the detour was on a wet gravel road in the dark! **Karl** and **Bill** (no) joined **Melinda Lyon** of Boston as the only four time finishers of this premier long distance event. Let's see if they all come back next year to become the first five-timers. The B-M-B organizers sent their

thanks to **Mike DeLillo**, **Steve Britt** and **Geo Kaplan** for running the Ludlow, Vermont checkpoint and the rain-soaked secret checkpoint.

Once again **Elizabeth Emery** put in an outstanding performance at the Tour de Toona Stage Race. Elizabeth was third overall in the Elite Women's race, helping her Body Wise teammates to a 1-2-3 finish. Wait a minute! Body Wise? What happened to the Screaming Yellow Zonkers? Who will be teammates with whom next year? More on this late breaking story as it unfolds. Congratulations also to **Catherine Chatham** (still of Screaming Yellow Zonkers) on her ninth place finish in the Elite Women's field, and to **Cindy Baker**, **Tara Crowley** and **Jane Kenyon** who all placed in the money in their race.

So who is the CRCA Track Champion? If you phrase it in the form of a question it's either **Alex Trebek** or **Drew (Andy Rooney) Herman**. Does anyone know where the track was? The answer to all these questions is "no". So how did he become track champion? (Another question.) He was the only CRCA member to show up!

The road hero this month goes to **Rich Borow** and the rest of his A ride for their good deed on the way to Bethpage for the All Class Ride. Rich had his entire group stop to help change the flat of a B rider who

had been dropped. Who says A riders are heartless hammer-heads?

Among the 100 or so participants in the All Class picnic were **Herb Schaefer** and **Sid Lang**. They were two of the club founders 55 years ago. With **Herb**, **Sid**, **Louie Bernardinucci** and **Irv Weisman**, this was the first club ride in history attended by four septuagenarians. And, while there were "only" 100 people on this year's Bethpage ride, next year's should be much bigger when it returns to a traditional Sunday date.

The Road Bozo this month goes to **Allison Holden** for her temporary case of C.R.S. at the end of the B-M-B Twin Century. It seems Allison left her helmet in the parking lot. Next to her shoes. She also left her gloves in her helmet. And her headband. And her glasses. And her cycle computer. And her knee brace. The distinctive knee brace fortunately identified whom it belonged to. Allison, didn't you notice your bag was a little lighter on the way home?!

Among the 100 or so participants in the All Class picnic were Herb Schaefer and Sid Lang. They were two of the club founders 55 years ago. With Herb, Sid, Louie Bernardinucci and Irv Weisman, this was the first club ride in history attended by four septuagenarians.

1st Annual NYCC Century

The date has been set for the New York Cycle Club's 1995 Century: September 17, 1995! What a wonderful opportunity to encourage New York riders to get out of the Park and join us on some of our favorite routes up the Hudson through New Jersey to Rockland County.

This event won't happen without YOUR participation in the planning stages. Please come forward NOW and volunteer your time and energy on our various committees, including

- 🚲 Promotions and publicity
- 🚲 Sponsorship
- 🚲 Route and rest stops

- 🚲 Traffic and police relations
- 🚲 Marshall support
- 🚲 Registration and end-of-ride party, and Treasury.

The success of our first NYCC Century depends on your enthusiasm and energy. We welcome all contributions and volunteers. To volunteer for any of the above committees, or if you have any other talents or ideas, please contact:

Geo Kaplan at (212) 989-0883
Jane Kenyon at (212) 662-1935 NOW!

B e a b i g w h e e l - r u n f o r o f f i c e .

No Tech Tips

Picture This

On September 11 Herb Dershowitz and I were riding our mountain bikes on the Long Island Greenbelt. I noticed that some of the leaves on the oak trees were already starting to turn various shades of yellow, orange and red. An early fall, perhaps?

This is the time of year many of us cut back on intensity and focus on the changing season. We may even pull off the road long enough to take photographs of the scenery and friends, so that we can relive the experience years from now.

Let's take a look at a few simple steps you can take to get more pleasing results from the popular point-and-shoot (PS) cameras that many of us carry in our jersey pockets.

Exposing bias

A few years ago, PS camera marketing was targeted strictly at amateur snapshooters who used color print film. PS camera light meters — which along with DX-coded film cartridges determine what exposure the camera will select — were biased to overexpose color print film slightly. Color print film responds to a little over-exposure with better color and sharpness, and handles even gross overexposure (2 to 3 f/stops or shutter speed steps) well.

The few pros and serious amateur photographers who tried early PS cameras loved the incredibly sharp pictures these little wonders could produce, but they were disappointed to find that the overexposure bias washed the colors out of their slide films (a.k.a. transparency; any film with "chrome" in its name). In the last few years PS camera makers have responded by tweaking light meters so that they now expose slide film just right, but tend to underexpose print films. You can tell which generation your PS belongs to by shooting a roll of slide film to see whether the colors look washed out or nice and saturated. Saturated slide colors indicate that the camera will probably underexpose color print films.

The result is that to achieve better results with color print film you must trick your PS's light meter into overexposing your film a little. Obviously, if you shoot only slide film you don't have to do anything.

How to trick your PS's light meter

The idea here is to make your PS think it's getting less light than it actually is so that it will compensate by overexposing, which is exactly what you want it to do. There are two clean, precise ways to do this, and one crude-but-effective method:

1) Find out what your PS's default film speed (ISO) setting is. (Your camera's instruction book will say something like "Non-DX-coded films automatically set at ISO...") The standard default setting is usually, but not always, ISO 100. If your camera's default is

ISO 100, buy an ISO 200 film (Kodacolor Gold 200, for instance), put a piece of vinyl tape over the film cartridge's DX-coding pattern (the silver and black squares), load it in your PS and fire at will. If your PS's default setting is ISO 25 or ISO 50, use another method.

2) Go to a good camera store, then work your way to the counter and ask for a Wratten 1-stop ND gel. Look at your PS's instruction book to find out which of the small windows on the front of the camera is for the light meter. Cut a tiny square of the ND gel and place it over the light meter window with double-side sticky cellophane tape. Load any ISO speed of color print film and shoot. Be sure not to cover any other windows because it'll screw up your auto focus. (If you'll be shooting entirely in very bright light situations such as at the beach or in sun-drenched snowy mountains, place a double thickness of the ND gel over the light meter.)

3) Cover half the light meter window vertically with a small piece of black vinyl tape. Load any ISO film you like and get snappin'. For those bright beach and mountain scenes, cover a little more than half of the meter window. With experience, adjust to taste.

Go ahead, be a flasher

Most casual snapshooters think that electronic flash should be reserved for indoor or low-light shooting. Fact is, almost any scene with a main subject (human or otherwise) that is 15 feet or closer to the camera can benefit from PS's little "peanut" flashes, especially in bright daylight. The flash acts as a fill light to bring out eyes and facial features that otherwise would appear as hollow black holes under the brim of a hat or cycling helmet. On a dull, overcast day, flash makes your subject stand out, and it causes colors to really pop when they would otherwise take on a ghastly bluish tint. When taking "people" pictures, you should almost always use flash. For general scenic shots or for people more than 20 feet away, PS flashes really don't do anything besides adding sparkle to the stadiums of Monday Night Football games.

Many PS's now are capable of mixing flash with a slow shutter speed when ambient light is low. This makes it possible to take photos of people with a nighttime city scene or a scenic overlook in the background, but it can also be used to make interesting blur/flash shots in just about any light other than bright daylight. Use a "slow" (ISO 100 or lower) film, engage this feature according to your camera's instruction book, and "pan" the camera smoothly to follow your subject as you press the shutter button. Even if your PS instructions don't mention this technique, try it anyway and see what happens.

Compose yourself!

The difference between a blah photo and

by Bob Moulder

a pleasing one of the same subject is often no more than the way the lens was aimed to arrange the elements of the photo. Even folks who never actively think about composition can quickly pick out a well-composed photo from among several also-rans. Good composition leads the eye around the photo from one element to the next in a manner that we find logical and balanced, although compositional balance usually doesn't lie in the middle. Here are a few composition tips that may help you point with purpose:

☛ Get up close and personal. If you're taking a picture of someone and the background isn't important, turn your PS vertically and move right in until your subject fills the frame. If you're trying to convey a sense of place in your portrait, back up only as far as necessary to include important background. The farther back you are from your subject, the less personality will be related to the viewer. You may decide that the scenic vista behind your buddy is much more important, but it still might be a good idea to include your buddy as a small element to give the scene a sense of scale.

☛ There is an old and useful compositional guideline known as the "Rule of Thirds." Photographers mentally divide the viewfinder scene with imaginary lines that split the frame into three vertical and three horizontal sections. They then place important elements of the photo in the areas where those lines intersect, which helps create a stronger composition. This is especially handy for beginners because it helps them avoid the most common errors: "The Bullseye Syndrome," whereby faces are composed dead-center in the photo, and "The Horizon Split," in which horizons run straight across the middle of the picture. Very good photographers more often than not stretch — or even ignore completely — the "Rule of Thirds," but when they are struggling this is the home base from which they try again.

☛ On an overcast day, the sky usually photographs as a bland white monolith. A little bit of it goes a long way, so it is a good idea to compose the picture with only a tiny bit showing. If the sky is blue with fluffy clouds, you may want to include more. In the event you witness a spectacular sunset with golden rays brushing the undersides of wispy clouds, you might compose a picture with 90% sky, and 10% horizon to "anchor" it.

☛ When composing photos, don't be afraid to move around to arrange picture elements or to get a better background. Try standing on a rock for a higher, more interesting point of view, or get really low for a worm's perspective. Turn your PS on end frequently to check out vertical compositions. Look for trees or sign posts coming out of people's heads, and check for pieces of trash that can be moved easily out of the frame and into a trash barrel.

Media Watch

CHANNEL HOPPING

Commercials featuring bicycles: Gatorade (no surprise there), Coca-Cola (nor there; Coke is a big sponsor of the Tour de France), Visa (a beautiful commercial—if that's not a mutually exclusive concept—showing a Performance [retail!] bike shop), Old Spice, and Bermuda, which has a song whose lyrics sing the praises of biking in Bermuda.

A rider on a Cannondale MTB came boinging out of the audience, down the stairs, onto the set, and up onto Dave Letterman's desk.

KLM airlines plays a film on board its Europe - New York flights that is an orientation to the people and places of the city. One of those featured, heard, and shown at some length is a bike messenger.

PRINT SCAN

An ad for Schwinn won the prestigious Kelly Awards for print advertising (i.e. if anything about advertising can ever be said to be prestigious). Two comments are in order. 1) The headline was "Cars Suck." I agree with the sentiment, but the headline "Cars Suck" sucks. I mean, unless you live in New York, how do you get to your bike shop to buy your bike? How do the bikes get to the bike shop in the first place? How do bike racers get to bike races? In fact, how do the people who wrote the ad get to their office?

2) Even stupider: the picture in the ad shows a bike rider on a city street. So is he threading his way through cars? No, he's riding past a taxi and a bus with no car in sight. Uh, guys. Hello? Anybody out there? Taxis and buses are part of a solution to ridding the city of cars.

The ad agency that created this award-winning ad got its own reward. They got canned from the account.

From Jeff Vogel, a clipping in which Spinergy bicycle wheels was misspelled in Nation's Business. What made it worth noting was the misspelling occurred in a caption under a picture of a Spinergy. The Spinergy name is huge in the picture. Hello? Anybody home in the magazine's office?

FOLK SPOKE

Two instances of great and touching eloquence by ordinary folk: 1) A NYCC ride barreled through a red light in Harlem with only one person in the group stopping to let a pedestrian exercise her right-of-way on her green. As she plaintively, eloquently, and gratefully said to him: "You're the onliest one." 2) In a PBS (Ch. 13) documentary about the South that was an evocative meditation on a region and an expiring way of life, an old man, pretty much confined by age and infirmity to his meager second floor apartment, was asked what his pleasures were. His truly eloquent reply: he enjoyed watching from his window bicycles going "backwards and forwards" (read: back and forth).

Eloquence of a lower order appears on America On Line. Subscribers may write a profile of themselves so those communicating with them can know something about them. The profiles can contain a quotation they think illuminates them in some way. Here's what one woman wrote: "A woman needs a man like a fish needs a bicycle."

At the Interbike bicycle trade show in Anaheim in September a man comes out of a diner and sees former Olympic cyclist, world cycling speed record holder, and Ironman winner John Howard on his way in and says to him: "You won't remember me but I saw you race twenty years ago...." Duh. Oh, yeah, I remember. You were in the third turn, about four people back, in the Nevada City Classic, right? (That's my take, not Howard's. He was non-plussed.)

PRIZEWINNER

Edward Smith is the dumbest bike thief in the world. Mr. Smith relieved one José Lopez of his bicycle and rode off with it very slowly. He obviously hadn't cased the area and was completely oblivious to where he was. Where he was was on Main Street in Hackensack on September 4th. Lopez had just finished a Cat.3/4 race when Smith snatched his bike. So here comes Smith slowly riding down Main Street, holding his 18" machete blade by his hip, in full view of the

by Richard Rosenthal

finish line camera on one side of the street, race announcer Joe Sahling from his raised platform on the other side, race spectators on both sides, and the Cat. 1/2 pack bearing down on him. Pokes, here's your Road Bozo of the Decade.

RODE SIGNS

Fie! on the First Bank of New Jersey. Their sign at Hudson Terrace and 9W used to give us the time and temperature. It has been replaced by one that simply says "First Bank of New Jersey." So much for the canard that banks are service institutions.

A sign on the north end of River Road, as you start down the hill just past the police station, says "Watch for Bicycles." What? You haven't seen it? Not to worry; no one else has either. The Palisades Interstate Park Commission did a brilliant job of hiding it behind trees.

RIDERS AT RISK

The Times reported former major league pitcher Vida Blue was charged with battery and brandishing a firearm in a confrontation with two bicyclists. Seems he didn't like their cycling along a ditch by his house. Either USA Today or the International Herald-Tribune reported the "Godfather of Soul," James Brown, struck a cyclist while driving. The Times ran a story about two Hollis, Queens robbers. The headline: "Getaway Car Hits Bicycle, Killing a Boy."

FIT TO PRINT?

The New York Press (Vol. 7, No. 22) editorialized on its front page against a cyclist who had the temerity to yell "Jaywalker" and blow his horn at a jaywalker. You don't often see New York newspapers editorialize against obeying the law. (The law requires bikes to have horns.)

Do you know anyone who has ever been to Frenchie's Cycle World, a bike shop near the Brooklyn-Queens line? In fact, did you ever even hear of it? No? Me neither. But there it is with full page ads in Newsday and elsewhere.

And now for our periodic review of the New York Times. How caring about cycling is the Times? Well, (peculiarly) it did report on a single stage in the Kellogg's Tour of Britain. (No final result was published.) If you wanted to know the results of the cycling competition at the Empire State Games you were just plain tough outta luck. You could, however, read about the results of volleyball, lacrosse, and synchronized swimming.

The Times noted the appointment of James Easton to the International Olympic Committee. The article stated his company manufactures "aluminum bats, bows, arrows, ski poles, and the like." "And the like," omitted from mention, includes bicycle tubing.

Once again the writing of Sam Abt on the Tour de France all but redeemed the Times' ignoring the sport the rest of the year. However, the photo editors failed Abt miserably one day. He wrote about Lance Armstrong, the (then) current world road champion being a marked man in the peloton; riders were constantly keeping their eyes on him so he couldn't get away, Abt wrote. Unfortunately, the photo editors used a telephoto (distance compressing) shot of the Motorola time trial team. Of course, it didn't seem to matter to the Times that all those surrounding Armstrong in the shot and having their eye on him were his own teammates!

Abt wrote an angry and wonderfully sarcastic piece in the IHT in late-August in which he lambasted the French Cycling Association for its stupidity and mean-spiritedness in stripping Indurain of a minor victory months before for using an anti-allergy spray prescribed by a physician. Of course it didn't run here.

Finally, we must forgive the Times its omissions in its cycling coverage in exchange for having reported the most wonderful cycling story I've ever heard: Richard Virenque's donating the \$47,000 he won for finishing fifth in the Tour de France and auctioning off the King of the Mountain jersey he won for being the Tour's best climber, and auctioning his Tour bicycle to benefit the Rwandans.

Minutes

TUESDAY, JUNE 7, 1994

Present: Geo Kaplan, Larry Ksiez, Lori Vendinello, C. J. Obregon, Reyna Franco, Herb Dershowitz, Karin Fantus, Caryl Baron, Jane Kenyon, Steve Britt, Mitch Yarvin and Barbara Julich.

Geo opened the meeting at 6:30 P.M. The minutes of the meeting of May 3, 1994 were adopted as corrected.

Herb reported membership was 816 compared to 676 in June of 1993.

Reyna reported there had been substantial increases in printing and postage costs for the Bulletin. Geo indicated he would call the mailer to get a breakdown.

Next the directors speculated on the reasons for delays in receiving the bulletin. C.J. requested board members report the date they received the June Bulletin at the next meeting.

Geo reported on the success of the all-class ride to Tallman State Park, noting the meal-ticket system had worked and thanking members who had made special efforts. He noted that arrangements would have to be made to carry out trash in the future and we might have to use a caterer designated by the park.

Next there was a discussion of the West Point weekend.

The Sheffield trip was discussed. Dinner arrangements had been made for 62 people at a restaurant but only 42 showed up. The owner was demanding \$400 from the club. While there was no guarantee in writing, it was felt an oral commitment had been made. The Board voted to offer the owner between \$250 and \$300.

Mitch reported increased success in getting B-ride leaders. There were brief discussions of the ride classification system and the bicycle forum on Internet.

Geo noted that the Connecticut Bike Club wanted to sponsor a ride in New York City and he needed volunteers to support the effort.

There was general agreement that classified ads in the Bulletin should be bicycle related. The meeting was adjourned at 8:40 P.M.

MONDAY, JULY 25, 1994

Present: Geo Kaplan, Larry Ksiez, Lori Vendinello, C. J. Obregon, Reyna Franco, Caryl Baron, Steve Britt, Mitch Yarvin and Barbara Julich.

Absent: Herb Dershowitz, Karin Fantus and Jane Kenyon.

Geo opened the meeting at 6:48 P.M. The minutes of the meeting of June 7, 1984 were adopted.

Geo noted he had agreed to furnish the In Line Skaters' Association with a copy of our bylaws. Geo noted that the next meeting of the executive board was scheduled during the Jewish holidays. The Board voted to hold the next executive board meeting on September 8, 1994. Geo announced that members would have a choice of either table service or a buffet at the next members' meeting. Geo noted that our expenses might necessitate a raise in dues. He suggested the directors consider this as a topic of discussion at the next meeting.

C.J. will contact Stuart Desser to indicate our desire for an Internet posting.

Steve expressed concern that no progress had been made on the club-sponsored century. Geo agreed to contact Jane to get the process started. Lori volunteered to work on sponsorship. The board agreed we had to offer something special to attract the public.

The next item discussed was the ride classification system. Irv Weisman had written to the board with a proposed amendment. Caryl suggested uncoupling the ride descriptions from the self test standards by giving two separate charts. Then there was discussion of the wording of specific descriptions and information. Caryl was directed to prepare draft guidelines to be considered by the directors just before the membership meeting in August. The board unanimously expressed its thanks to Irv Weisman for his role in this matter. The meeting was adjourned at 8:40 P.M.

Respectfully Submitted, Conrad J. Obregon, Secretary

Re-Cycling

Serotta Road Bike, 58cm., Shimano 600 gruppo, Columbus SLX frame, Mavic MA40 wheels, Look pedals. Mint condition. Very low miles. \$1100. Call Ernie (718) 768-3450.

Marathon runners: Contact Caryl Baron if you're running. We'll be cheering you on at the Madison Avenue Bridge (about 20.5 miles) in time to see the leaders. Let me know your expected pace. Call (212) 595-7010.

Cannondale "Black Lightning" - about 22.5" - \$250.00. Call (212) 247-0353.

For sale: 56cm c-c- fixed gear-steel road frame-dark blue-Weinmann rims-Sakae pedals with straps-Flite saddle-Shimano front brake-like new. \$225.00 Morris 212 691-4236

1995 Membership Application

I know that bicycling is a potentially hazardous activity. I represent that I am over eighteen years of age and that my physical condition and the condition of my equipment is to the best of my knowledge adequate to allow me to participate in NYCC activities. I assume all risks associated with such activities, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act on my behalf, waive and release the NYCC, its Board of Directors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in NYCC activities.

Name: _____ Signature: _____

Name: _____ Signature: _____

Street Address/Apt#: _____ Phone (H): _____

City/State /Zip: _____ Phone (W): _____

Where did you hear about NYCC? _____ Date: _____ Check Amount: _____

New _____ Renewal _____ Change of Address _____

Circle if applicable: I do not want my (Address) (Phone Number) published in the semi-annual roster.
Other cycling memberships: AMC AYH Bikecentennial CCC CRCA LAW TA
Members joining after Labor Day pay one-half (\$8.50 individual, \$11.50 couple). 1995 dues are \$17 per individual, \$23 per couple residing at the same address and receiving one Bulletin. Mail this application with a check made payable to the New York Cycle Club, P.O. Box 199, Cooper Station, New York, N.Y. 10276.

NYCC MEETING
TUESDAY, October 11, 1994
O'Hara's 120 Cedar St. – 1 block south of WTC

Meet at 6:00 p.m. □ Dinner at 7:00 p.m. □ Program at 8:00 p.m.

Salad, rolls, coffee, choice of entrees, \$14 or pasta buffet \$9



Surprise Program by BILL KLINE

FINAL Nominations for NYCC Officers



**Last chance to get NYCC T-shirts,
musette bags, and NYCC jackets**

Indoor bike parking! or...subway

1,9 to Cortlandt St., N,R to Cortlandt St.,4,5 to Wall St., E to WTC

NYCC
New York Cycle Club
P.O. Box 199
Cooper Station
New York, N.Y. 10276

PRESORT
FIRST CLASS
U.S. POSTAGE
PAID
Permit No.
7288
BKLYN., N.Y.

First Class Mail
Dated Material!

Chris Mailing
Arlene Brimer
11149 N Tamarack Drive
Highland, UT 84003-9595

The riding's great in October!